

ROCK

BOARDWALKBAR & SEAGRILL

FISH

Lunch &
Dinner



SOUPS & SALADS

SEARCHIN' - Soup of the Day Chef's choice. 5.95

SHE LOVES YOU - Crab Bisque 6.95

ONE AFTER 909 - House Salad 6.95

Mixed greens, romaine lettuce, red onion, grape tomatoes, and cucumbers. Topped with garlic croutons.

EIGHT DAYS A WEEK - Caesar Salad 7.95

Crisp romaine lettuce hand tossed with traditional Caesar dressing. Topped with garlic croutons and Parmesan cheese.

Add Grilled Tuna 5.95

Add Chicken Tenders 3.95

Add Lobster Bites 4.95

Add Grilled Chicken 3.95

REVOLUTION - Mandarin Orange Salad 10.95

Mixed greens, romaine lettuce, red onions, grape tomatoes, and cucumbers. Topped with goat cheese, mandarin oranges, and your choice of tuna or chicken.

All salads come with your choice of dressings.

Ranch, Low Fat Honey Mustard, Blue Cheese, Balsamic Vinaigrette, Caesar, Sundried Tomato Vinaigrette, Sesame Ginger

APPETIZERS

REAL LOVE - Hushpuppies 5.95

Sweet cornmeal with a hint of onion deep fried till golden brown. Served with whipped butter.

DIG IT - King Crab Dip 12.95

Creamy King Crab and spinach artichoke dip. Served with garlic pita chips.

SEXY SADIE - Chicken Wings 9.95

Tossed in our home made hot sauce. Served with celery and Blue Cheese.

ACROSS THE UNIVERSE - Chicken Pot Stickers 8.95

Served with tempura fried asparagus and Wasabi Soy sauce.

AND YOUR BIRD CAN SING - Chicken Fingers 7.95

Crispy chicken tenders served with dipping sauce.

ROCK AND ROLL MUSIC - Bam Bam Shrimp 12.95

Fried shrimp tossed in our creamy sweet chili sauce. Served on a bed of shredded lettuce.

HALLELUJAH, I LOVE HER SO - Crab Cake 13.95

Served on a bed of mixed greens with our pineapple salsa, broiled or fried.

SOMETHING - Blackened Tuna Bites 11.95

Blackened tuna chunks with cusabi dressing.

SO HOW COME (NO ONE LOVES ME) - "Sweet Baby Rays" Ribs 12.95

Pork ribs basted in a sweet BBQ sauce. Served with a pineapple slaw.

LOVE OF THE LOVED - Potato Wedges 8.95

Beer battered then tossed with Parmesan and garlic. Served with Ranch dressing.

RAW BAR FAVORITES

SOLDIER OF LOVE - Steamed Shrimp 11.95

1/2 lb. steamed shrimp with celery and lemons, topped with Old Bay, served with drawn butter and cocktail sauce.

A HARD DAY'S NIGHT - Snow Crab Legs 18.95

1 lb. of Snow Crab legs seasoned with Old Bay, served with drawn butter and cocktail sauce.

SPECIALTY BURGERS

LONG LONG LONG - Black Angus Burger 8.95

8oz. Angus Beef served with lettuce, tomato, onion and pickle. Add your choice of cheese. 50¢

GETTING BETTER - BBQ Bacon Cheddar Burger 9.95

Served with BBQ sauce, cheddar, bacon, fried onions, lettuce, tomato, and pickle.

FROM ME TO YOU - Black-n-Blue Burger 10.95

Blackened and topped with melted Blue Cheese, served with lettuce, tomato, red onions, and pickle.

SHE SAID SHE SAID - Crab Burger 12.95

Double stack Angus burger and Back Fin Crab meat, served with lettuce, tomato, red onions, and pickle.

SHOUT - Aloha Burger 8.95

Covered with a teriyaki glaze and grilled pineapple, served with lettuce, tomato, red onions, and pickle.

ACT NATURALLY - Veggie Burger 8.95

Black bean veggie burger served with lettuce, tomato, red onions, and House Salad.

JOHNNY B. GOODE - Create your own Burger 7.95

Grilled premium Beef Angus patty, Chicken Breast or Turkey Burger. Served on a Kaiser roll with lettuce, tomato, red onions, and pickle.

Additional toppings each topping 75¢

Cheddar, Swiss, Pepper Jack, American, Blue Cheese, ham, bacon, salsa, fried onions, jalapenos, sautéed mushrooms, grilled pineapple, cole slaw, and garlic.

All burgers are 100% Angus beef and can be substituted with a Turkey Burger as well as being served with your choice of cole slaw, french fries, and potato salad.



FRESH SEAFOOD DINNERS

- IT'S ONLY LOVE - Catch of the Day** 21.95
MAHI, TUNA, SALMON, TILAPIA OR ROCKFISH
- Grilled* Seasoned then grilled to order and topped with a tomato basil salad.
- Broiled* Seasoned with lemon, butter, and white wine. Topped with a tomato basil salad.
- Blackened* Dusted with a Cajun seasoning and pan seared. Topped with a pineapple salsa.
- Bronzed* Grilled with a sweet and spicy sauce. Topped with a pineapple salsa.

- THIS BOY - Roasted "Rockfish" Rockefeller** 22.95
Oven roasted Rockfish, served with creamed spinach stuffing, bacon, and Parmesan cheese.

- LOVE TO LOVE - Fried Haddock** 21.95
A large pub battered New England Haddock fried to golden brown.

- IT'S ALL TO MUCH - Seafood Platter** 25.95
Fresh tilapia, sea scallops, lump crab cake and gulf shrimp. Broiled or fried.

- TWO OF US - Shrimp Dinner** 19.95
Panko fried or broiled.

- THE INNER LIGHT - Fresh Sea Scallop Dinner** 20.95
Panko fried or broiled.

- I NEED YOU - Lump Crab Cake Dinner** 23.95
Two of our homemade horseradish crab cakes served with pineapple salsa. Broiled or fried.

- I FEEL FINE - Fish Tacos** 18.95
Three taco shells stuffed with fresh, pan seared tilapia fillets marinated in our fireworks rub, shredded cabbage, cheese, and pico de gallo.

FROM THE OVEN & GRILL

- YES IT IS - Sirloin Steak** 23.95
Dry rubbed and grilled to perfection, covered with caramelized mushrooms and onions.

- YOU LIKE ME TOO MUCH - Grilled Pork Lion** 19.95
Applewood smoked bacon wrapped pork lion covered with wild mushroom demi glaze.

- YOUNG BLOOD - Roasted Half Chicken** 19.95
Herb roasted half chicken topped with lemon herb Beurre Blanc.

All entrées served with Chef's selection of fresh seasonal accompaniments.

PASTA

- I'LL GET YOU - Shrimp and Lobster** 22.95
Sautéed shrimp and cold water lobster, al dente boiled black peppercorn fettuccini tossed together with in roasted garlic cream sauce and sprinkled with fresh grated Parmesan cheese.

- YOU'LL BE MINE - Veggie Pasta** 14.95
Pan-seared squash, zucchini, tomatoes, mushrooms and broccoli, tossed in a tomato sauce and cavatappi pasta.

- THE END - Blue Crab Ravioli** 19.95
Blue crab filled ravioli with grape tomatoes, asparagus tips in a basil pesto butter sauce.

SANDWICHES

Sandwiches served with choice of french fries or cole slaw.

- MATCHBOX - Tuna Sandwich** 11.95
Grilled or blackened with lettuce, tomato and onion and pickle. Served with cusabi aioli.

- LIKE DREAMERS DO - Crab Cake Sandwich** 13.95
Broiled or fried with lettuce, tomato, onion and pickle. Served with Cajun remoulade.

- NO REPLY - Jamaican Jerk Sandwich** 10.95
Grilled chicken breast with grilled pineapple, bacon, Jalapeño Jack cheese, topped with lettuce, tomato, and onions.

- THIS BOY - Po-Boy** 10.95
With shrimp, oysters, fried fish, or lobster, lettuce, tomato, and Cajun remoulade.

- MOONLIGHT BAY - Chicken Club** 8.95
With Cheddar cheese, bacon, lettuce, tomato, onion, and pickle.



DESSERTS

- WILD HONEY PIE - Apple Crumble Cake** 6.95
Sweet Granny Smith apples, cinnamon, raisins, and walnuts baked into a sugar cookie crust covered with a crumb topping.
Make it à la mode!
- TICKET TO RIDE - Cheesecake** 7.95
Authentic New York style with strawberry sauce.
- FOR NO ONE - Chocolate Trilogy** 8.95
White, milk, and dark chocolate mousse on a chocolate genoise soaked in Grand Marnier and topped with chocolate shavings.
- SAVOY TRUFFLE - Key Lime Pie** 8.95
Graham cracker crust filled with traditional Key lime filling made with real lime juice.
- DON'T PASS ME BY - Rockslide Brownie** 5.95
A rich brownie topped with caramel and piled high with brownie chunks, toasted pecans and drizzled with milk chocolate.

KID'S MENU

- KID'S COCKTAIL** 1.95
Fruity punch, chocolate milk shake, strawberry-banana smoothie.
- JUNIOR JUNGLE WARRIOR SALAD** 2.95
Grilled chicken breast, diced in small cubes, crisp lettuce, hard boiled eggs, tossed in a peachy vinaigrette.
- MINI CAESAR SALAD** 1.95
Our classic Caesar salad topped with Parmesan toast points.
- MOM'S FRIED CAMEMBERT CHEESE** 3.95
Lightly breaded, toasted French bread and raspberry sauce.
- MINI STEAK BURGER** 3.95
Kid-size hamburger with or without cheese, lettuce, tomato, and French fries.
- LITTLE VILLAGE DRUMMER** 2.95
Two roasted or fried chicken drumsticks served on mashed potatoes and glazed carrots.
- POTATO PANCAKES** 2.95
Three mini potato pancakes served with apple cinnamon sauce.
- CRUMBED CHICKEN FRIES** 2.95
Coconut breaded chicken strips served with French fries and BBQ ketchup.
- CHOCOLATE MUD CAKE** 1.95
Served with melted marshmallow sauce and crumbled hazelnuts.

ASSORTED SLICED FRUITS • ICE CREAM OF THE DAY

Come Back for...

OUR BRUNCH MENU

SUNDAYS 8AM-3PM

MENU SAMPLING

- Texas Style French Toast** 6.95
Thick cinnamon raisin bread griddled until golden brown and dusted with powder sugar.
- Seafood Omelette** 11.95
Fruits of the Ocean of crab, scallops, and shrimp with diced tomatoes, onions, scallions and Mozzarella cheese served with griddled red skin potatoes.
- Egg White Frittata** 8.95
Julienned sundried tomatoes, sautéed spinach, diced chives, grilled chicken baked to perfection and served with griddled red skin potatoes.
- NY Steak and Eggs** 10.95
Broiled dry aged 7 oz NY Sirloin steak cooked to your liking, two eggs any style, served with griddled red skin potatoes and Texas Toast.
- Breakfast Burritos** 6.95
Scrambled eggs, pico de gallo, black beans & rice, green bell peppers, chorizo and Farmers cheese rolled in whole wheat tortillas.

*\$2.00 charge for all split and shared entrées. 19% gratuity will be added to parties of 8 or more.

No separate checks on parties of 8 or more.

FISHSTUFF

ROCK
RESTAURANT & BAR

Be Sure to check out the cool **FISH** Collection of Signature T-Shirts, Hats, Kid's T's and more.

They make great Gifts for Family and Friends, and You too!

HAPPY HOUR!

Happy Hour Food & Drink Specials -
EVERY DAY 3-7 P.M.

